

Zips

Zero to age 21: Information
Promoting Success for Nurses
working with Kansas Kids

JANUARY 2005



It is with great sadness that we say goodbye to Ted Carter, the current Abstinence Education Consultant. Ted has been with KDHE/BCYF staff for about one and a half years and in that time has been an asset to his grantees as well as to the BCYF staff. Ted has been instrumental in the production of the monthly ZIPS e-newsletter, in grant writing, and research. His expertise and knowledge will be hard to replace, as we wish

him success in his new professional endeavor as a research analyst at the Kansas State Department of Education. Goodbye Ted, and Good Luck! We'll miss you!!

The Kansas SAFE KIDS Coalition held its annual meeting on Dec. 7 in Topeka. Pictured are KDHE Secretary Roderick Bremby, Daina Hodges, Pottawatomie County Healthy Start Home Visitor, Elena Nuss, Kansas State Fire Marshal's Office, and Jan Stegelman, Coordinator, Kansas SAFE KIDS. See article on page 3.



Welcome to ZIPS: **Zero to Age 21: Information Promoting Success for Nurses working with Kansas Kids.** We hope this newsletter continues to be a useful resource for you, and we encourage you to give us your comments, feedback, and suggestions. Also, note that previous months' issues of the ZIPS can be found at: <http://www.kdhe.state.ks.us/c-f/zips/>

Contents	Page
Zips	1
Perinatal: Conception-Birth	2
Child Health: Age 0-9	3
Adolescent Health: Age 10-21	4
Public Health	5
School Health	6
Events and Resources	7



This Newsletter is Compiled By:

Kansas Dept. of
Health & Environment
Bureau for Children, Youth
and Families
1000 SW Jackson, Suite 220
Topeka, KS 66612
Phone: 785-296-1300
fax: 785-296-4166

<http://www.kdhe.state.ks.us/bcyf/index.html>

Christine Tuck, RN, BSN, MS, CSN
Child and School Health Consultant
785-296-7433
ctuck@kdhe.state.ks.us

Joseph Kotsch, RN, BSN, MS
Perinatal Consultant
785-296-1306
jkotsch@kdhe.state.ks.us

Jane Stueve, RN, BSN
Adolescent Health Consultant
785-296-1308
jstueve@kdhe.state.ks.us

Jamie Klenklen, BPA
MCH Administrative Consultant
785-296-1234
jklenklen@kdhe.state.ks.us



The 2005 *Kansas Don't Spoil It!* limited edition wall calendar, featuring original artwork by Kansas students, is now available from the Kansas Department of Health & Environment's Bureau of Waste Management.

This past spring over 5,000 students from across the state submitted entries for this quality, full color publication. The award winning artwork depicts ways we can preserve the beauty and natural resources of our state. If you would like a personal copy - limit two per person - simply stop by the Bureau of Waste Management's reception area on the third floor of the Curtis Building and ask for Karen. For those not in the building, you may contact us at 785-

296-1600 and request your copy. A pledge card will be included with each calendar to keep our state clean by practicing the Three R's: Reduce, Reuse and Recycle. Anyone who returns their pledge card will be entered in a drawing for a *Kansas Don't Spoil It!* beverage mug or tote bag.

DELTA DENTAL Delta Dental Plan

of Kansas Foundation has awarded a grant to Kansas Head Start Association, in partnership with Legacy Foundation of Cowley County, Ks, to establish an education and training program on oral health services for pregnant women. The grant serves 35 counties scattered throughout Kansas where Early Head Start programs and Cowley County Tiny Teeth provide services to pregnant women, infants, toddlers and their families. Potentially 25,000 pregnant women and their families will receive materials, education and training on maintaining quality oral health. Pregnant women's poor oral health can affect significantly the health of the fetus, the woman, and her newborn child. Pregnant women must consume appropriate amounts of folic acid and calcium to ensure that teeth and palate are developing correctly in the fetus. The pregnant woman's oral health is often in danger from morning sickness, poor nutrition, hormone induced gingivitis, and misinformation about dental care when pregnant. Based on recommendations from Academy of Periodontology, pregnant women need a dental cleaning and exam to determine their oral health status. Dental professionals can recommend necessary guidance and treatment to ensure good oral health. Untreated gum and tooth disease can result in severe infections. While research on the link between periodontal disease and low-birth weight babies and preterm labor is inconclusive, it is prudent to ensure that pregnant women are assessed for oral infections and receive appropriate treatment. March of Dimes estimates that one out of eight births in the United States "arrives too soon." Of the 35 counties being served by this project, 15 counties report that over seven percent of births are low-birth weight babies. Women with untreated tooth decay may have high levels of Strep Mutans. If pregnant women do not follow recommendations from dental professionals to reduce this bacteria, they most likely will pass this decay-producing bacteria on to their infants. If women learn to master their

own oral hygiene when pregnant, they may be more likely to continue oral hygiene for themselves and their children. Individuals seeking more information may visit the Foundation's Web site at: <http://www.deltadentalksfoundation.org/> or may call Executive Director Karen Carlin at 913-327-3727.

National HIV/AIDS Clinicians' Consultation Center

New Perinatal Hotline Service Available For Clinicians Working With Pregnant Women Who Have HIV/AIDS. As part of the AIDS Education and Training Centers Program funded by the Ryan White Care Act in partnership with the CDC and HRSA's National HIV/AIDS Clinicians' Consultation Center, the Perinatal Hotline Service is now providing clinicians 24-hour consultation from HIV experts on treating HIV-infected pregnant women and their children as well as advice on indications and interpretations of HIV testing in pregnancy. The telephone number is: 888-448-8765. The program is based at San Francisco General Hospital in California and is an expansion of HRSA's National HIV/AIDS Clinicians' Consultation Center. This expert clinical advice will be given not only prenatally, but during the labor and delivery process as well as postpartum. Also, the perinatal HIV/AIDS advice given will help to reinforce the US Public Health Service clinical guidelines recommending testing pregnant women for HIV as early as possible in prenatal care. In order to learn more about this topic go to: <http://www.ucsf.edu/hivcntr>

Possible Link Between Breastfeeding and a Reduced Risk for Acute Lymphocytic Leukemia (ALL) and Acute Myeloblastic Leukemia (AML). Leukemia is the leading cause of cancer morbidity among children under the age of 15 in the United States. A study using a meta-analytical approach looked at providing a link between breastfeeding and protection against childhood leukemia (both ALL and AML). The authors of the study state that, "this meta-analysis demonstrated a protective association between breastfeeding and the risk of

(childhood) ALL and possibly AML." The authors looked at 14 articles of either original research or review articles on childhood leukemia and breastfeeding for this meta-analysis. For the purposes of this study, short-term breastfeeding is defined as that undertaken up to 6 months in duration and long-term breastfeeding is defined as that undertaken over 6 months in duration. The results are the following: A significant negative association was found between short-term breastfeeding and the risk of ALL, but the AML results were not significant. A significant negative association was found between long-term breastfeeding and the risk of ALL and AML. Inclusion of socioeconomic status (SES) as a potentially confounding factor had little or no influence on risk estimates for short- and long-term breastfeeding and ALL and AML. Finally, the authors encourage a cautious view of their results due to possible biases in control versus case samples that differ in SES. However, they go on to say, "the potential protective effect of breastfeeding on risk of childhood ALL may be more complicated than the current literature suggests." Nevertheless, the available evidence suggests that such a protective effect exists for both ALL and AML. The article reference is *Kwan, ML, Buffler, PA, Abrams, B, et. al. 2004. Breastfeeding and the Risk of Childhood Leukemia: A Meta-analysis. Public Health Reports (119 (6):521-535.*



CDC Announced Dec. 1 was World AIDS Day Prenatal HIV Testing

An Institute of Medicine (IOM) panel has recommended that prenatal HIV testing become "a routine and universal part of prenatal care while still protecting the right of a woman to refuse testing if she chooses not to be tested, i.e., 'opts out'." One way to ensure the prevention of HIV infection in infants and to ensure infant and maternal health would be for more states to adopt prenatal HIV testing in the routine battery of prenatal tests. For more information on this timely topic go to: <http://www.ama-assn.org/ama/pub/category/14289.html>.



Regular Bedtime and Mealtime:

Young children in low income families are much less likely to have both a regular bedtime and a regular mealtime than are those from more affluent families, putting them at a potential disadvantage in terms of their development and early school performance. To learn more visit: <http://childtrends databank.org/>.

New from Child Trends DataBank!

Newly diagnosed cases of AIDS reach an all-time high among teens in the U.S. in 2003, with 458 cases. Low-birthweight births in 2003 are the highest in 30 years at 7.9 percent. The teen birthrate in the U.S. reached a new low at 41.7 per 1,000 teens in 2003. To view these indicators and updates on youth who feel unsafe at school, births to unmarried women, late or no prenatal care, birth and fertility rates, and mothers who smoke while pregnant, visit our Web site at <http://childtrends databank.org> or write 4301 Connecticut Avenue, NW, Suite 100, Washington, District of Columbia 20008



Knowledge Path: Child and Adolescent Nutrition

is an electronic resource guide on recent, high-quality resources that analyze and describe public health campaigns and other promotion programs and report on research aimed at identifying promising strategies for improving nutrition and eating behaviors within families, schools, and communities. Produced by the MCH Library, the knowledge path includes information on (and links to) Web sites and electronic publications, databases, electronic newsletters and online discussion groups, journal articles, and print publications. It is intended for use by health professionals, policymakers, researchers, educators, and families who

are interested in tracking timely information on this topic. The knowledge path is available at: http://www.mchlibrary.info/KnowledgePaths/kp_childnutr.html

5 A Day Enthusiasts:
CDC's 5 A Day Program is pleased to announce the launch of a new **5 A Day in Español**, offering healthy recipes, great nutrition information, and advice for the Spanish speaking audience! For more information visit: <http://www.cdc.gov/nccdphp/dnpa/5AIDia/index.htm> or <http://www.cdc.gov/spanish/default.htm>



<http://www.cdc.gov/nccdphp/dnpa/5AIDia/index.htm>

CDC CDC/NIH/IDSA has recently released **"Treating opportunistic infections among HIV-exposed and infected children."** For more information visit: <http://www.cdc.gov/mmwr/preview/mmwrhtml/rr5314a1.htm>



The Role of State Public Health Agencies in Child Care highlights the need for state

participation in early childhood development and opportunities for state public health agencies to partner with childcare professionals to improve the health and safety of young children in childcare settings. The fact sheet, produced by the Association of State and Territorial Health Officials, presents information on the role of childcare for families, national and federal health and safety in child care initiatives, and examples of ways state public health agencies can pursue early childhood development initiatives. The report is intended for use by state and territorial health officials in broadening involvement in early childhood development and strengthening partnerships with childcare professionals. It

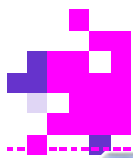
is available at: http://www.astho.org/pubs/ChildCareFINAL_11-22_.pdf.



The **Kansas SAFE KIDS Coalition** held its Annual Meeting on Dec. 7. KDHE Secretary Roderick Bremby addressed the group and expressed his appreciation for the work of SAFE KIDS. Amy Miller, National Field Organizer for the National SAFEKIDS Campaign in Washington D.C., addressed the group regarding the new strategies to be implemented by National SAFE KIDS during the next year.

The Kansas SAFE KIDS Coalition also honored five organizations and individuals who have helped to make more Kansas kids SAFE KIDS during 2004. "This is a great opportunity to recognize the individuals and organizations in our state that have contributed to the mission of Kansas SAFE KIDS – preventing the leading killer of our children – unintentional injury," said Jan Stegelman, Coordinator, Kansas SAFE KIDS.

The Pottawatomie/Wabaunsee County SAFE KIDS Chapter was honored as Local Chapter of the Year. During the past year, this chapter expanded their service area to include Wabaunsee County. Through effective collaboration with partners in both counties they have been active in holding regularly scheduled CPS events. They also have participated in other safety fairs, displays, and presentations encompassing additional target areas to reduce injury to children. They have created innovative programs to impact their community. One such example involves volunteers who went around to garage sales and provided coupons for McDonald's Happy Meals if the family would give them their used car seat in return rather than re-sell it. Through a recent smoke detector distribution program, 232 smoke alarms have been distributed locally this year. Their dedication to the mission of SAFE KIDS, and their tireless efforts make them a model SAFE KIDS chapter.



Zips: Adolescent Health

"Shall we make a new rule of life...: always to try to be a little kinder than is necessary?"

James M. Barrie



Activity Kit for Middle Schools Features Cultural Games and Chance to win \$1,000 Grant. VERB and Weekly Reader have partnered to produce the "Play Without Borders" activity kit specially for middle schools. The free kit is available now while supplies last. Each kit contains a guide that helps teachers introduce students to games from around the world and includes Playports for 150 students that can be stamped when students try new games and create their own play -- without borders. Use the kit with your class and then apply to win one of 50 \$1,000 grants sponsored by Weekly Reader in support of VERB. Grant applications are due Jan. 13, 2005. To order your kit visit <http://www.cdc.gov/VERB> and click on "Materials," then click in the call-out box.



NHTSA's primary message during 3D Month is *Friends Don't Let Friends Drive Drunk--Designate a Sober Driver*. But we also know that some states and communities plan to increase enforcement of impaired driving laws through sobriety checkpoints or saturation patrols, so we've also provided multimedia tools to support the *You Drink & Drive You Lose* message. Regardless of which message you use, please use the 3D Planning Guide to help you coordinate your outreach efforts. To access the guide, go to <http://www>.

stopimpaireddriving.org and click on the logo, with the tagline, *This Holiday Season, If You Catch a Buzz, Catch a Ride*.

Authors Examine Cigarette Consumption during Childhood and Persistence of Smoking through Adolescence. "Relatively small increases in the number of cigarettes consumed during childhood are associated with significantly higher odds of current, established, and daily smoking in adolescence," state the authors of an article published in the November 2004 issue of the Archives of Pediatrics and Adolescent Medicine. The study described in the article measured cigarette use prospectively during childhood and retrospectively at late adolescence. The study also examined the long-term consequences of psychological susceptibility to smoking among adolescents who had abstained from smoking during childhood. All children enrolled in the third grade during the 1993-1994 academic year at one of 12 elementary schools in a moderate-sized school district in central North Carolina were eligible to participate. Self-report questionnaires were administered at school during the spring semesters of the third-, fourth-, and fifth-grade years. Of the 868 eligible children, 737 provided complete survey data and were eligible for a follow-up telephone interview, conducted between February and May 2002 (when the participants' mean age was 17.1 years). The final analysis determined current, established, or daily smoking among 594 white and African-American adolescents, 426 of whom had abstained from smoking during childhood (through age 10). The analysis also measured the cumulative level of susceptibility to smoking among abstinent children at age 10 as low, moderate, or high. The authors found that when compared with peers who had abstained from smoking during childhood, adolescents who had smoked two through four cigarettes during childhood were three times more likely to smoke daily at follow-up; those who had smoked five through 20 cigarettes were four times more likely to smoke daily; and those who had smoked

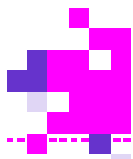
more than 20 cigarettes were five times more likely to smoke daily. Adolescents who had smoked one or fewer cigarettes during childhood were twice as likely as those who abstained during childhood to report current smoking at follow-up. Adolescents who had abstained during childhood and who reported high susceptibility to smoking during childhood were four times as likely to be established or daily smokers when compared with peers who reported low susceptibility during childhood. The authors conclude that the fact that "exposure to even one cigarette raised the odds of future smoking suggests the need for research to study the effects of reducing children's access to cigarettes." Jackson C, Dickinson D. 2004. *Cigarette consumption during childhood and persistence of smoking through adolescence. Archives of Pediatrics and Adolescent Medicine 158(11):1050-1056. Readers.* More information is available from the MCH Library's bibliography, Smoking/Tobacco Use Prevention.

SAVE THE DATE!!!

SYMPOSIUM on ADOLESCENT HEALTH ISSUES Alcohol and Other Drugs on Feb. 11, 2005 at the Wichita Airport Hilton. Sponsored by the Kansas State Department of Education. Registration forms are due no later than Feb. 4 to Amanda Jeffrey, State and Federal Programs, KSDE, 120 SE 10th Ave, Topeka, KS 66612-1182 or fax to (785) 296-5867. For additional information call (785) 296-5925.

ORAL HEALTH FACT SHEET AVAILABLE

A fact sheet that sells school oral health initiatives was developed by the **National Oral Health Resource Center**. It targets *No Child Left Behind* goals <http://www.mchoralhealth.org/PDFs/learningfactsheet.pdf>. For more information contact: Marcia Manter, Oral Health Kansas, Oral Health Project Coordinator, 9247 Twilight Lane, Lenexa, KS 66219 Ph: 913-894-5874 (business cell) or e-mail: mmanter@aol.com.



President Bush Chooses Michael Leavitt to Head Health and Human Services. President Bush chose Environmental Protection Agency chief Michael Leavitt to be Secretary of Health and Human Services, filling one of the last two openings in his second-term Cabinet. Bush praised Leavitt as a "fine executive" and "a man of great compassion." "He's an ideal choice to lead one of the largest departments of the United States government." Leavitt, Utah's governor before joining the Bush administration in late 2003, would succeed Tommy Thompson, who recently resigned.

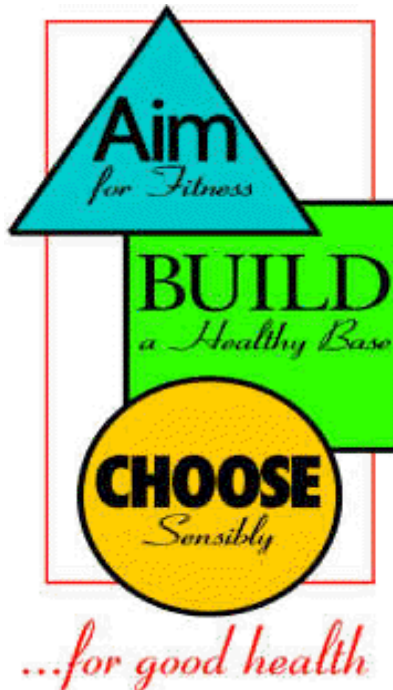


Are You Ready for Wear Red Day 2005? Be part of making this a great event. On Friday, Feb. 4, Americans nationwide will celebrate the second annual National Wear Red Day by wearing red to show their support for women's heart disease awareness. Take women's health to heart by showing off your red dress pin, a favorite red dress, shirt, or tie and help spread the word that heart disease is the No. 1 killer of American women. Continue to support women and heart disease during February, American Heart Month, and beyond by using the educational materials listed below. Join the National Heart, Lung and Blood Institute (NHLBI) and its national campaign for women about heart disease—*The Heart Truth*—in making National Wear Red Day 2005 a spectacular and memorable event! To help organizations, individuals, and communities plan and promote National Wear Red Day activities, visit the National Heart, Lung and Blood Institute at: <http://www.nhlbi.nih.gov/health/hearttruth/wrd/index.htm>



Hep A Added to Vaccine Injury Compensation Program: The Health Resources and Services Administration (HRSA) today added Hepatitis A vaccine

to the list of vaccines for which compensation can be paid to individuals who sustain injuries as the result of vaccination. For more information visit: http://www.healthinschools.org/2004/dec01_alert.asp.



"Nutrition & Your Child," a research based newsletter produced by the ARS/USDA Children's Nutrition Research Center at Baylor College of Medicine, and electronically distributed in cooperation with USDA's Cooperative State Research, Education, and Extension Service (CSREES) to enhance the research base for educational programming. To view their most recent newsletter visit: <http://www.health.gov/dietaryguidelines/>

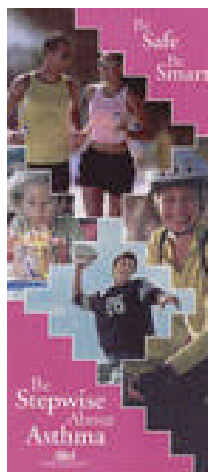
Avian flu, also known as "bird flu," is not a current threat in the United States but is a potential concern due to outbreaks, primarily in Asian countries, during the past few years. The U.S. government recently invested in research to develop vaccines to protect humans against the more virulent strains of avian flu. The Center for Health & Health Care in Schools has developed a fact sheet that summarizes recent developments as well

as recommendations from the Centers for Disease Control and Prevention and the World Health Organization for responding to future outbreaks. To learn more visit: <http://www.healthinschools.org/sh/Avianflu.asp>



The Fall Healthy Start Home Visitor Training Circuit ended on Thursday, Dec. 9 in Oskaloosa. Other sites for the fall trainings were Satanta, Gove, St.

John, Coffeyville, and Ellsworth. Mary Washburn, KDHE WIC Breastfeeding Consultant provided breastfeeding information and education to increase the initiation and duration of breastfeeding among Kansas mothers. Cyndi Treaster and Robert Stiles from the Kansas Farmworker Health Program provided information and referral criteria for this health assistance program.



This fall The American Academy of Allergy, Asthma and Immunology (AAAAI) launched the **"Be Stepwise about Asthma"** educational campaign, which promotes patient awareness about asthma control. As part of the program, which is supported by the Allergy & Asthma Network of Mothers of Asthmatics (AANMA) and the Asthma and Allergy Foundation of American (AAFA), AAAAI developed the brochure "Be Safe, Be Smart, Be Stepwise about Asthma." For a free copy visit:

<http://www.aaaai.org/patients/publicedmat/stepwise/> or call 800-822-2762.

Influenza (Flu)

Protect Yourself & Your Loved Ones





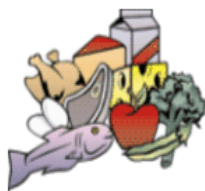
The posting for the position of NASN's Executive Director is now on the NASN Web site. If you are interested in this position visit: <http://www.nasn.org/> and you will find under "LATEST NEWS & UPDATES . . . Seeking an Executive Director," a link for downloading application information. The link below is to a report on the U.S. Department of Education's web site about recommendations for crisis planning developed by Ed, the FBI, and the Department of Homeland Security following the school terrorism event in Russia. Some of the advice is generic and what schools are already doing. For more information visit: <http://www.ed.gov/policy/elsec/guid/secletter/041006.html>

The Center for Science in the Public Interest has a new resource, "Constructive Classroom Rewards: Promoting Good Habits While Protecting Children's Health," that you can find at: http://cspinet.org/nutritionpolicy/constructive_rewards.pdf. It discusses the adverse effects that using food as a reward might have on students' lifelong eating habits. In addition, it lists many alternative (inexpensive) rewards that teachers and staff could use in schools that do not undermine children's diets and health.

FDA & YOU: INFORMATIVE, FREE NEWSLETTER IS FOR SCHOOL HEALTH EDUCATORS AND STUDENTS. The U.S. Food & Drug Administration's Center for Devices & Radiological Health publishes *FDA & You*, a free, informative, quarterly electronic newsletter that school health educators will find is a great resource for a variety of health topics, from antibiotics to weighing in on obesity. The articles in *FDA & You* are

written in clear, non-technical language and cover a variety of current topics that are sure to interest today's middle-school and high-school level readers, such as the safety of decorative contact lenses, hair dyes, reptilian pets, and digital wireless phones. In addition, there are fun quizzes, links to additional resources, searchable indexes, past issues, and an events calendar. For more information and to visit this Web site: <http://www.fda.gov/cdrh/fdaandyou/index.html>.

Health and Health Care in Schools is online: looking back and ahead at Child Health issues in Congress. Congress makes procedural changes in IDEA. 'Precursor Drugs'--One molecule away from methamphetamine. May pharmacists refuse to fill prescriptions for emergency contraception? FDA seizes ephedra containing diet supplements To read more information visit: <http://www.healthinschools.org/ejournal/ejournal.htm>



School Lunches Given Flexibility in Milk Choices:

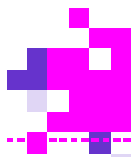
Federally reimbursed school lunches and after-school snacks must offer children fluid milk "in a variety of fat contents," but regulations published today by the U.S. Department of Agriculture give school food professionals flexibility to decide which types of milk are most appropriate to meet the needs of children in their schools and most likely to encourage increased milk consumption. For more information visit: http://www.healthinschools.org/2004/dec08_alert.asp

CHILDHOOD VISION: Public Challenges and Opportunities — A POLICY BRIEF explores directions for public policies to address identification and treatment of childhood vision problems. The policy brief, produced by the Center on Health and Health Care in Schools with support from the Vision Council of America, investigates the research on what is known about childhood vision problems and the mechanisms in place to identify problems and secure treatment for

preschool- and school-aged children. In addition to the research review, the brief includes findings drawn from telephone interviews with health professionals, representatives of eye care professional organizations, and officials from state and local health departments, local school districts, and federal agencies. The brief outlines issues in vision testing for children, describes programs and policies currently in place, summarizes select state and federal initiatives, and discusses policy options for ensuring that children's vision problems are identified and treated in a timely manner. The brief is intended to provide a framework in which policymakers, educators, and parents can assess the adequacy of current strategies to identify children with vision problems. The brief, a fact sheet, and an executive summary are available at: <http://www.healthinschools.org/sh/visionmain.asp> Easy to use BMI Calculating Info: <http://www.keepkidshealthy.com/welcome/bmicalculator.html> <http://www.cdc.gov/action=search&queryText=calculate+BMI&x=10&y=6>

Creative ideas to get our children to exercise. Chicago is taking a coordinated approach to fighting childhood obesity, including yoga and dance workshops at museums, free bike locks so children can cycle to school, and fitness workouts accompanying hot meals at food banks. "There are relatively few models as extensive as this one," said AMA president Dr. Arthur Elster. The anti-obesity effort "has to be much deeper than just a doctor and a patient. We've got to have a cultural change," added Elster. Visit <http://www.clocc.net/>.

The IOM Committee on Prevention of Obesity in Children and Youth was charged with developing a prevention focused action plan to decrease the prevalence of obesity in children and youth in the United States. This report promotes healthful food choices and nutrition behaviors, focusing on children. For more information, visit the Web site: http://www.nap.edu/execsumm_pdf/11015.pdf.



Zips: Events and Resources

*What comes from your heart is greater
than what comes from your hand only.*
Bedouin Proverb

January 20-21 – **Kansas**

Freedom Initiative Goal 5

Summit: Excellent Mental Health Care Is Delivered and Research is Accelerated

– Savorial Pastoral Center, 12601 Parallel Parkway, Kansas City, KS. The aim of the summit is to educate and inform an inclusive and diverse group of current mental health customers of child and adult services, family members, providers and advocates about the Goal 5 recommendations, and to facilitate their input to the upcoming mental health strategic planning process. NAMI of Kansas will be providing technical assistance and facilitation for this summit. For information call 800-539-2660 or email: namikansas@nami.org



The Robert Wood Johnson Foundation Invites Applications for Executive Nurse Fellows Program

offers leadership development for nurses who have senior executive roles in the fields of health services, public health, and/or nursing education. The three-year fellowships allow fellows to remain in their current positions and offer nurses the experiences, insights, competencies, and skills necessary to advance in executive leadership positions in a healthcare system that is undergoing unprecedented change. Application deadline is Feb. 1. For more information visit: <http://www.healthinschools.org/grants/ops215.asp>



Funds for Youth Nutrition and Fitness Programs

The General Mills Champions Youth Nutrition and Fitness Initiative is a partnership of the General Mills Foundation, the American Dietetic Association Foundation and the President's Challenge. Its goal is to improve youth nutrition and fitness across the U.S. Application deadline is

Feb. 1. To learn more about this funding opportunity visit: <http://www.healthinschools.org/grants/ops214.asp>



Feb. 6-12, National Burn Awareness Week at the Shriner Burn Hospital, 3229 Burnet Avenue, Cincinnati, OH 45229. Ph: 513-872-6000. Visit the Web site: <http://www.shrinershq.org/shc/cincinnati/index.html>.



Feb. 13-19, Child Passenger Safety Awareness Week NHTSA, Office of Occupant Protection, 400 Seventh Street, SW, Washington, DC 20590. PH: 888-DASH-2-DAT <http://www.nhtsa.gov>.

Vision Screening

Courses will be held in the spring: On Feb. 18, in Pittsburg, March 4 in Emporia, and April 8 in Salina.



Information, including registrations forms, is posted at: <http://www.pittstate.edu/kumc>.



The 7th Annual Child Advocacy Day will be held on Tuesday, Feb. 22 at Topeka's downtown Ramada Inn. There will be a variety of workshops, in addition to the opportunity to talk with Kansas lawmakers. You can download a registration form at the Kansas Action for Children Web site: <http://www.kac.org/event.html>



Future educational opportunities to enhance your **asthma management knowledge** are: Feb. 25, Lung Disease Conference – KU Student Union, Lawrence. \$75 fee includes credit, handouts, breakfast and lunch.

March 7-8, Asthma Educator Workshop at the KU Edwards Campus in Overland Park. \$275 includes 17 hours approved credit for nurse practitioners, nurses and pharmacists. 14 hours approved credit for respiratory therapists. Handouts, teaching aides, breakfast and lunch are also provided.

April 8, Pediatric Symposium (Topics include ADHD, Asthma and Obesity) Saint Joseph Family Practice Auditorium, Wichita. \$35 includes credit, handouts and lunch. Scholarships available for selected school nurses. For additional information about each of these educational opportunities contact Sally Head, from the American Lung Association of Kansas at 1-800-586-4872 ext. 103, or email her at shead@kslung.org

SAVE THE DATE!!! Third Annual Fatherhood Summit Holiday Inn Select Wichita. April 21-22. For more information contact: Tammy Aguilar at 785-368-6350.



Public Health Nurse/ Maternal Child Health Conference at the Airport Hilton Hotel,

Wichita. May 3-5. This conference will include the Healthy Start Home Visitor Spring Regional Training. Great breakout sessions and keynote speakers are planned. There will be five breakout tracks to choose from: MCH, HSHV, BT, Administration and PH. Look for more information coming your way soon!